

# Lose weight, feel great



**Dr. Sandra Palavecino and her team at TidalHealth Medical Weight Loss & Bariatric Nutrition will help you achieve your weight-loss goals.**

Dr. Palavecino obtained her medical degree at the Central University of Venezuela and completed her Internal Medicine Residency at the University of Connecticut Health Center in Farmington, Conn., in 2012. She is board certified in internal medicine and has experience in bariatric medicine and diet counseling. She is a diplomate of the American Board of Obesity Medicine and a member of the

Obesity Medicine Association, the American College of Physicians and the American Medical Association.

If you could benefit from an individualized weight loss plan that will improve your health and boost your self-confidence, call 302-536-5395 or visit [tidalhealth.org](http://tidalhealth.org) and make an appointment today.



**TidalHealth Medical Weight Loss &  
Bariatric Nutrition**  
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